

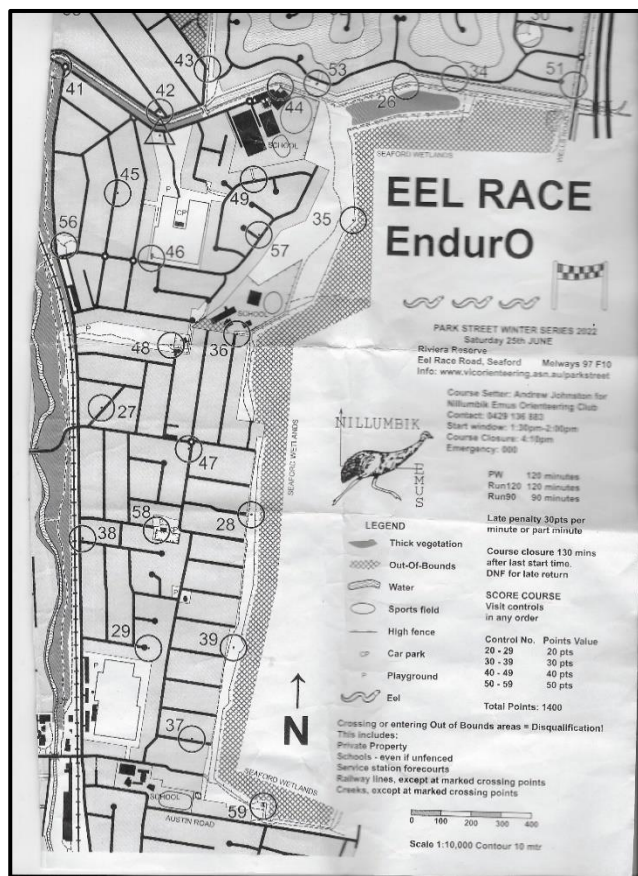
## NILLUMBIK EMUS ONLINE JULY 6, 2022

### NOTES ON THE EEL RACE ENDURO

By Ian [ 'He Who is Often Lost' ] Parry

Great day for a run ... and a bit longer run than the usual 60 minute StreetO ... sun shining [ ... a bit...] no much in the way of hills ... in fact the biggest hill encountered was the grassy knoll that the Registration table was on ...

And best of all it was in the daylight!



Big A3 map with the channel inviting participants to fold the Map in half and to do North /South or South /North sections ... I adopted my usual navigation technique of going to the "Next Nearest" ...

Off running freely, feeling good and chose the north end of the map; across the Channel and 42 was quickly in the bag, long run to 55, a quick detour to get 27 and then 40... back south to 31 ... and feeling very pleased but just a tad uncomfortable ... I blame the cold weather and too much coffee with lunch ... so a quick detour into the playground and the toilet therein ... and that was where the wheels fell off for the first time...

Much relieved but now disoriented I was a street block further east than I thought I was ... cue the usual time-wasting; energy- sapping tail-chasing ... Then I invoked the Blanche Strategy [ think A Streetcar named Desire... "I have always relied on the kindness of strangers" ...] Some generous assistance: 22 was acquired and I decided to abandon 20 as now not worth the depleted time available...

54 at the Light-tower ... but then more faffing about and after all that 32 at the Dog Area remained un-found ...

Onward over the bridge [52] and 25, 23,24, 50, 33, 30, 51 and 34 rolled past... all only needing a steady pace and modest focus ... there is nothing to this StreetO stuff ...

But then a miss-read of the map had me anticipating 26 [ it was on the other side of the Channel! ] instead I was at 53 ... and dithering saw me waste time and energy before concentrating; picking up 43... and back across the Channel into the southern section of the Map...

My trusty [ mostly] Garmin told me I had about 40 minutes to go ... so east and 44 ..followed by a poor choice to try for 35 [ note here that in heading for 35 I had abandoned my "Next-Nearest" strategy] rather than gather 49 and 57, cost much time without much gain points-wise.

Time ticking away now so with one eye on the remaining minutes, down south, via 36 to 47 and finally homeward ... north to 48, 46... the Garmin told me I was going well ... so west to 56, up to 45 and a long loop to pick up 41...

And home with time to spare but nothing pick-up-able at that point ... Happy with the run... happy with my fitness... not so happy with my navigation ...

Certainly, from the comfort of my couch on Sunday morning, I could easily have managed a far better score ... but that observation does not detract from my enjoyment off an excellent Course in a great location, on a perfect Orienteering winters afternoon.

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## **COMMITTEE NEWS**

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## **OV JUNIOR TRAINING & DEVELOPMENT CAMP**

16 junior orienteers and their families participated in a range of training and development sessions and social activities over 3 days last week. Several club members took part, including Matthew Layton and the Greenhan Family with Aeon, Eofy and Opus along with their parents Darwin and Victoria. On Thursday we headed to Mt Tarrengower, where Clare Brownridge set training courses terrain. This included a guided map walk picking out key features and how to simplify the terrain in morning. The afternoon session focused on putting these techniques into practice. Those newer to orienteering were assisted with their navigation around the courses by Rob and Helen Edmonds and 12 volunteer coaches.

We stayed at the Koolamurt Scout Camp in Bendigo. Friday's activities took place at the famous Garfield waterwheel at Chewton Diggings. The morning's session focused on route choice options, with repeated running of legs to same controls and comparing times: was it faster to run the tracks or navigate across country? Discussions highlighted the difference for each orienteer depending on experience and complexity of the leg. The afternoons session was a relay catering for all abilities (beginner to experienced) with 'gaffing' of legs. All the juniors enjoyed being part of a 'team'



especially the younger ones getting to know and chat to the older juniors. Future relay training opportunities were highlighted as a point for development.



The Garfield Water Wheel



Darwin, Eofy, Virginia and Opus

#### **COMING EVENTS ORGANISED BY THE CLUB**

**August 7** MTBO at Sandon State Forest near Newstead. [DETAILS](#)

This is the same area we ran the Autumn Series event in earlier in the year. Start Area is on a private property on the north side of the Creswick-Newstead Road. Camping available.

Please let Rob Edmonds [rob.edmonds@bigpond.com](mailto:rob.edmonds@bigpond.com) know if you can assist on the day and/or the afternoon before.

**August 28** FootO VIC Series at Crocodile Reservoir near Castlemaine. [DETAILS](#)  
Course Setter- Carolyn Layton, Contact the Organiser- Ron Frederick. [ronfrederick29@icloud.com](mailto:ronfrederick29@icloud.com)

**Sept 24-Oct 2** Australian Carnival: Full [PROGRAM](#) Ron Frederick is the organiser for the Australian Middle Distance Champs to be held at Blackwood on September 25. Neil Barr is the Course Setter and Chris Norward event advisor. Don Fell will be the advisor for the Schools Relay.

Entries close August 31.

**Oct 16** We are planning to run the Maxi on the Mt Franklin Gorge map north of Daylesford. Derek Morris has already spent time checking out the map.